



MEET THE THERAPY TEAM!

Our therapy team works across the school to support the pupils and includes Occupational Therapy (OT), Speech and Language Therapy (SaLT), Art Therapy and Psychology.

Let's introduce to you our Therapy team!

Heather Dilks-Hopper



Head of Therapy
Clinical Psychologist

I lead the therapy team, as well as leading on mental health and behaviour across the school.

Claire Messom



Lead OT

I have worked at Papillon for almost 15 years.

I joined as a volunteer helping out in classes and the school then supported me to complete my OT training, whilst also working as an OT assistant.

Keith Waterman



Art Therapist

I joined Papillon in 2018 as an SNA and joined the therapy team as an OTA.

I created the Art Therapy programme and have been running it since 2019.

Jess Mason



Lead SaLT

I have supported children for over 10 years to develop their speech, language and

communication skills, 6 of which, has been at Papillon where I have promoted a total communication environment.

Catherine Hauvette



Occupational Therapist

I joined Papillon House in June 2024.

I have been working at an OT for over 15 years. I have experience working across the lifespan but I have developed a special interest in working with children.

Fran Byrne



Occupational Therapist

I started working at Papillon House in September 2022.

I have been an Occupational Therapist for 12 years and have worked in different settings, specialising in Paediatrics since 2016.

Emma Kennington



Speech and Language Therapist

I started at Papillon house in September 2024. Before this, I have supported children with Speech and Language needs for 15 years.

Clara Boxall



OT Assistant

I joined Papillon House School in September 2024 as an OT Assistant.

Before this, I worked for 4 years as a community based OTA working with children & young people aged 0 - 19 with a variety of needs and disabilities.

Lily Prince



Assistant Psychologist & Therapy Assistant

I joined Papillon in 2021 and have since assisted

across OT and SaLT in the Therapy team. In my current role I continue to assist across disciplines as well as supporting mental health and behaviour across the school.

Monika Persechino



SaLT Assistant

I joined Papillon as an SaLT assistant in 2024.

I have supported autistic children for 7 years, particularly with speech and language development and emotional literacy.

Things Speech and Language Therapists do

Paediatric Speech and Language Therapy (SaLT) supports children to develop their communication skills, speech and language abilities.

The SaLT team at Papillon support the pupils to reach their communication potential. Below are some examples of what may be worked on in sessions.

SOCIAL COMMUNICATION /PRAGMATICS

- **Social Skills:** Understanding the hidden rules
- **Using language socially:** Conversation, Perspective taking, Collaborative play/work, Problem solving



SPEECH SKILLS

- **Fluency:** Flow, Speed, Rhythm
- **Articulation:** Forming sounds
- Speech Clarity



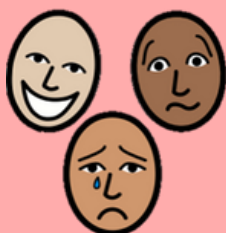
PLAY SKILLS

- Symbolic play
- Imaginary play
- Pretend play



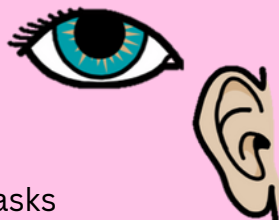
EMOTIONAL LITERACY

- Identify emotions in themselves and others
- Understand the language surrounding emotions



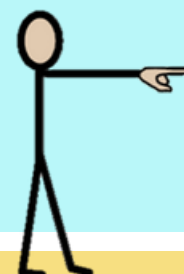
ATTENTION & LISTENING

- Waiting
- Anticipating
- Looking
- Listening
- Completing short tasks



PREVERBAL/ EARLY INTERACTION SKILLS

- Shared enjoyment
- Turn taking
- Pointing
- Cause and effect



LANGUAGE

- **Non-verbal communication:** Body language, Facial expressions, Gesture
- **Receptive Language:** Processing, Decoding what is being said, Following directions, Understanding questions
- **Expressive Language:** Conveying a message, Forming sentences, Talking, Signing (Makaton), AAC (Augmentative and Alternative Communication) .

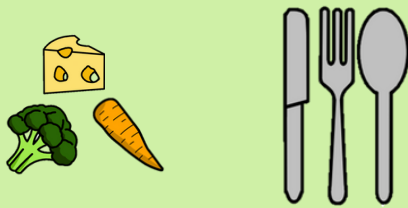


Things Occupational Therapists do

Paediatric Occupational Therapy supports children and those caring for them (parents, teachers, etc) to enable them to reach their potential and thrive at school, home and in the community. The OT team aim to encourage independence in activities of daily living. The OT team address sensory processing difficulties, facilitate tailored sessions to promote regulation, and develop gross and fine motor skills through group and individual sessions using fun and motivating activities.

FEEDING SKILLS

- Oral motor skills
- Trying new foods
- Using utensils



PLAY SKILLS

- Sharing
- Turn taking
- Creativity



SELF CARE

- Dressing
- Toileting
- Sleep
- Personal hygiene



GROSS MOTOR

- Coordination
- Balance
- Strength



FINE MOTOR

- Writing
- Scissors
- Hand strength



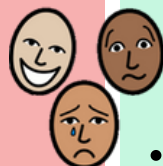
VISUAL MOTOR

- Ball skills
- Perception
- Drawing



EMOTIONAL REGULATION

- Calming and alerting strategies
- Recognising emotions within ourselves and in others



SENSORY PROCESSING

- Sensory seeking
- Sensory avoiding
- Adapting to different environments.



SOCIAL SKILLS

- Peer and staff interactions
- Understanding social cues



LIFE SKILLS

All of the above are the foundations on which functional life skills develop. Functional independent living skills such as cooking, cleaning, personal care and community access are key to the children and young people reaching their fullest potential.

